

Directions to Head-Zone Concussion Care, Waterbury Office

Located behind Staples/Stop & Shop in the

Naugatuck Valley Shopping Center

910 Wolcott Street

(use 910 Wolcott Street in your navigation system)

From Route 8 South or North

Exit 31 To I-84 East toward Hartford

****Exit 23** off of I-84 East**

At split, stay right towards Washington Street

Take right onto Washington Street, go under I-84

*****Stay straight and follow Silver Street Expressway*****

Which turns into Meriden Road

Take left onto Manor Avenue

Right onto Wolcott Street

Travel approx. 1.3 miles

Naugatuck Valley Shopping Center is on your right

910 Wolcott Street

We are located behind Staples/Stop & Shop, inside Select Physical Therapy

From I-84 East

****Exit 23** then follow directions above**

From I-84 West

Exit 23

Take right onto Hamilton Avenue

*****Right onto Silver Street Expressway then follow directions above*****